

# FAQs-Adult Wilderness Survival Skills Weekend

## What do I need to bring?

- Bag lunch and drink for Saturday and Sunday
- Sun screen and/or tick spray, if desired
- Closed-toe shoes
- Any medications
- Snacks
- Notebook & pen/pencil
- 1 Food item to contribute to Saturday's Potluck Dinner
- Ear plugs for light sleepers who plan to camp on the premises
- Camping gear, if planning to camp on the premises

## Are there kitchen facilities where I can store my food and refill my water bottle?

Yes, Amethyst Retreat Center has a full kitchen with refrigerator and potable water that will be available for your convenience.

## Am I permitted to stay at Amethyst overnight?

While commuting is optional, participants are urged to tent camp on the premises, as this is a part of the learning experience.

For those who wish to camp on site, it may interest you to know the instructor(s) typically work on their own projects well into the night, around the camp fire, and students are welcome to join in on these bonus impromptus, where you can expect to learn more than what was planned for the course.

## I don't really like to camp, but would like to stay overnight. Can I sleep in the farmhouse?

Sleeping arrangements in the farmhouse are limited. If weather is inclement, there is a possibility you could sleep in the large yoga room, which is an open room, without bedding. You would need to bring a sleeping mat and bedding. Know that you may be sharing this space with others in the group and privacy, nor availability, is guaranteed.

## Do you have camping gear available?

Sorry, we do not have camping gear available.

## What if it rains?

The class will take place, rain or shine. As this is a survival class, learning to work with inclement weather conditions is part of the learning experience.

## Are there bath facilities?

Yes, Amethyst Retreat Center has a farmhouse with several bathrooms and hot running water that will be available for your convenience.

## Which meals are included?

Students are to bring their own lunches, snacks, and drinks for Saturday and Sunday. For those who would like to sleepover, breakfast items will be available on Sunday. There is no additional cost for this. You are welcome

to prepare your own breakfast, which typically includes eggs, bread, cereals, fruits, yogurts, etc. The Ranch House Restaurant is 3.6 miles, and Burger King is 2.1 miles, from Amethyst, if you would prefer to eat off site.

Saturday evening, the group will work together to prepare a dinner over an open fire, which will include wild edibles you will be learning about in class. So that everyone has more to eat than just leaves, roots, and tree bark for dinner, please bring 1 food item along to share with the group. ;) Some suggestions include sausages, corn on cob, chicken, sweet potatoes, beef cubes, rice, etc.

**Do you have internet and/or cell reception?**

We offer free, secure Wi-Fi. There is cell phone reception; however, it can be limited in some areas on the property.

**What is your refund policy?**

The course cost includes a non-refundable fee of \$50 for participants, up to three weeks prior to the first day of the program. Because of costs associated with staffing, all cancellations after June 22nd will result in a loss of the entire amount paid. However, if we are able to fill your spot with another student on the waiting list, Amethyst Retreat Center will refund 50% of your fee.

**What forms of payment do you accept?**

Payment in full is due at the time of registration. Credit card payment is accepted through the **Donate** button on our website. We accept Discover, VISA, and MasterCard. Personal checks and money orders can be mailed to Amethyst Retreat Center, 44 Buffalo Creek Rd, Duncannon, PA 17020, made out to *Amethyst Foundation*.

**Other questions?**

Please contact us at [AmethystRetreatCenter@gmail.com](mailto:AmethystRetreatCenter@gmail.com) or call/text Natalie Manchorov, camp coordinator, at 717.979.4147, and we will be happy to help.